



# Sounds of the Season

Sounds of the Season 2018

Marilyn first met Trainor back when he was the Officer in Charge of the Windsor RCMP Detachment. He also served on the Freedom Festival Committee, a celebration of Canada and United States relations held every year between Windsor and Detroit. It was many years later at The Honourable Eugene Whelan’s military garden party in Windsor, Ontario, where Marilyn saw Trainor for the second time. Marilyn turned to her girlfriend and said “I am going to go over and talk to him.” Trainor invited Marilyn to dinner that evening and so began their touching courtship.

Trainor, an accomplished RCMP officer, is tall in stature and has a commanding presence. Very well respected, Trainor is one of the few Canadians to have received the Queen’s Jubilee Medal for his work and dedication to the RCMP. As a Superintendent RCMP officer, Trainor retired from the Commissioner’s Secretariat where he conducted audits of detachments and officer reviews for the force. Trainor was a highly accomplished officer.

Marilyn was equally accomplished. She was the first female Executive Officer and the first female Commanding Officer in the Naval Reserve at HMCS Hunter. She began her Naval career here in London at HMCS Prevost when a student nurse and served until her retirement as Commander, Naval Control of Shipping. Marilyn holds a Master’s Degree in Adult Mental Health Nursing and ran the Psychiatric Nursing Department at Detroit Medical Center (Central Region).

In 1992, Marilyn and Trainor were married. A second marriage for both, Marilyn was divorced and Trainor had lost his first wife to a rare immune disorder. Their blended family now included six children. As a retired RCMP officer, Trainor was the Chairperson for the Corps of Commissionaires in Windsor, a position that included many trips to every province in Canada. An athletic person, Trainor retired from playing hockey at age 70 and took up golf in his retirement. He and Marilyn would travel frequently to The Villages in Florida and golf at each of the 36 executive courses.

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